

# ABCD

## Do

Build an understanding of your community based on the assets and gifts that are there, rather than the deficits and problems.

### Story

Leeds City Council has promoted the idea that everyone can have 'three good friends'. Rather than emphasise service users' access to services, the focus is on finding ways for people to make friends and provide citizens with opportunities to support one another through informal networks of peer support. Marie is a Community Connector who has linked people who need care and support together to set up a craftwork business, making and selling products at local craft fairs and other events.



## ABCD

#### Hints & Hazards

Consider individuals, associations, institutions, places and connections. Consider the unique strengths that these parts of the community cherish and find out the assets that they take for granted and even those that have been neglected.

Connect with the ABCD Institute at DePaul University, Chicago and learn about ABCD through training such as that provided by Nurture Development.