

**3b4**

## Follow Up

### Do

Talk to the person after the community participation to find out how they got on.

### Story

Jim wanted to join a music group for beginners. At the start, he would not do it without support, so the worker attended alongside him. Later on, he felt more confident, so was able to attend independently, as long as he met up with his support worker in the coffee bar directly after the music session

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## Follow Up

### Hints & Hazards

Meet up after the community activity, perhaps very close to the inclusive site. Follow up with the person and the host organisation. Formal follow up is done at review meetings. Informal follow up happens by asking how things are going. One volunteer co-ordinator tells each volunteer she supports, “I’ll stay in touch until you give me the sack”.

This offers a way gradually to increase independence in the session, while gradually reducing direct support.

The person can display their new found knowledge and skills while the experience is still fresh. However, fixing an appointment in this way may prevent the person joining with other participants who meet up after the session, perhaps for a drink together. The person may think that the meeting is the way that the worker critically checks up on the person.