

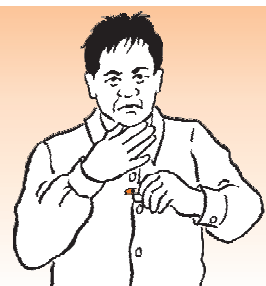
## Here are some other ways the pharmacist can help you —

Helping you to find ways to **remember to take** your medicine.



Showing you how to **keep your medicine** safely.

Helping you to **choose medicines** to buy for things like colds and skin problems.



If you find it difficult to **swallow** your medicine, the pharmacist can tell you if there are other ways you could take it.

## Get to know your pharmacist! Your pharmacist is there to help you.

Write your pharmacist's name here —

My pharmacist is —

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My name is —

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Norah Fry  
Research Centre

**NHS**  
National Patient Safety Agency

**mp**  
medicines partnership

Printing funded through an unrestricted educational grant from



With thanks to clients at the Eastbrook Centre, Gloucester  
August 2005

# Getting to know your pharmacist



Pharmacists work in **pharmacies** (sometimes called **chemists' shops**).

The pharmacist gets your medicines ready for you.



Pharmacists know all about different sorts of medicine. They want to help you understand how to use medicines safely.



If you are having problems with your medicines, you can

**ask your pharmacist**

If you ask in the pharmacy, the pharmacist will come and talk with you.

You can ask to talk in private if you want to.



A member of your family, or your carer, could come with you if you want them to.

It is helpful if you take your medicines along with you and show them to the pharmacist.



If it is a very busy day, you may have to **wait!**

## Here are some questions you might want to ask the pharmacist

What does this medicine do?



Are there things I should not do if I am taking this medicine?

(like not drinking alcohol)



Will I need to take this medicine for a long time?



Some medicines can cause problems, like making people feel tired or sick.

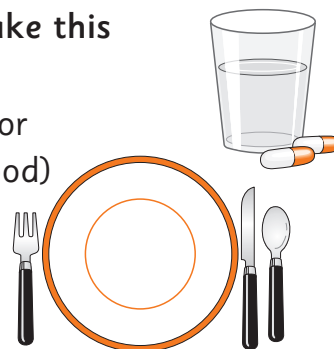
What problems might my medicine cause?



What should I do if this happens to me?

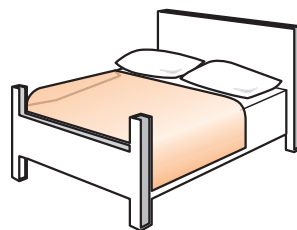
How should I take this medicine?

(like with water, or before or after food)



When should I take this medicine?

(like in the morning, or just before bedtime)



What should I do if I forget to take my medicine?

What if I take too much?

