

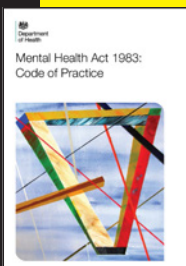


Department
of Health

An easy read fact sheet

Information you must be given

This fact sheet is about
your right to know why
you must stay
in hospital.



Know your rights

The Mental Health Act
Code of Practice

Information you must be given

Key facts

- * You should be given information about being detained in hospital.
- * The information should be given to you in a way you understand.
- * There are certain things you must be told about, we have written about them below.
- * You can always ask for help to understand the information from an Independent Mental Health Advocate or someone you trust.



Your right to information

If you are detained under the Mental Health Act you must be given information to help you understand how the Act applies to you.

The information should be given to you in a way that you will understand, things like:

- plain English,
- Braille,
- Easy Read or
- information in another language



When you are detained you must be told:

- Which section of the Mental Health Act you are detained under
- What rights (if any) your Nearest Relative has to help you be discharged and what can happen if your responsible clinician does not agree with that decision
- How to get help from an Independent Mental Health Advocate.



You must also be helped to understand:

- Why you have been detained
- The longest time you can be detained for and how that time might be made longer.
- How to get legal advice.
- How to make a complaint.



- About the Care Quality Commission
- Your right to be considered for a discharge, including applying to a Tribunal, what this is and does and how to access it.
- You should be told about your rights on a regular basis.
- An **Independent Mental Health Advocate** can help you understand your rights and support you.



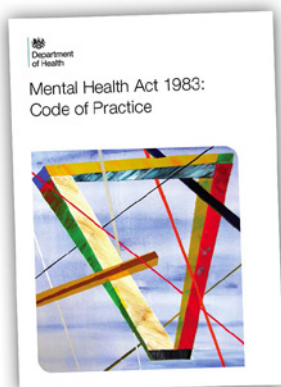
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Where in the code?

**This easy read fact sheet comes from DH
Mental Health Act 1983: Code of Practice**

Download the code:

[www.gov.uk/government/uploads/system/uploads/
attachment_data/file/396918/Code_of_Practice.pdf](http://www.gov.uk/government/uploads/system/uploads/attachment_data/file/396918/Code_of_Practice.pdf)



Download the easy read fact sheets:

www.nhs.uk/easy-mentalhealthact

Download the easy read glossary:

www.nhs.uk/glossary