



# **LEARNING DISABILITY SERVICE SERVICE USER INFORMATION LEAFLET**

## **THE MENTAL HEALTH ACT 1983 SECTION 3**

**ASSESSMENT AND TREATMENT UNIT, LLANFRECHFA GRANGE,  
LLANFRECHFA, CWMBRAN, TORFAEN, NP44 8YN  
Tele: 01633 623619/ 01633 623618**

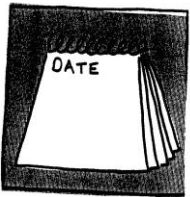
**[www.wales.nhs.uk/sitesplus/866](http://www.wales.nhs.uk/sitesplus/866)**

Name \_\_\_\_\_

You have come to stay at the  
Assessment and Treatment Unit  
Llanfrechfa Grange Hospital



Your doctor is \_\_\_\_\_



You came to hospital on \_\_\_\_\_



## Why am I in hospital?

You are in hospital because 2 Doctors and a social worker think that you are unwell and need help.

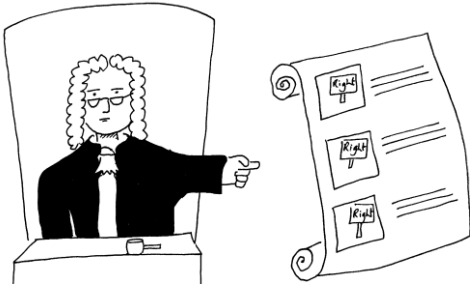


While you are in hospital we want to give you the help that you need so that you feel better.

## How long will I be here?

You will need to stay in hospital until you feel better. This might take up to six months.





There is a law called the Mental Health Act 1983.

You can be kept in hospital because of what Section 3 says.



You must not leave during this time unless a doctor tells you that you can. If you try to leave staff can make you stay.

If you leave you can be brought back.

### **What happens next?**



The doctor will tell you when they think that you are better and can go home.

If the doctor thinks that you need to stay in hospital for longer they will talk to you about this.

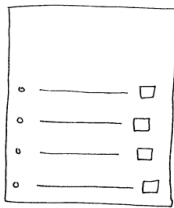


## What if I want to leave?

If your doctor says you must stay in hospital but you don't want to there are 2 things that you can do.

# 1

The 1<sup>st</sup> thing you can do is ask for a meeting called a Hearing.



There is a special form to fill out.



You can get this form from your nurse who will help you fill it out or do the rest for you.

The form will be sent to the Mental Health Act Managers.



The Mental Health Act Managers will need to get a report from your doctor.



Your doctor will write a report.

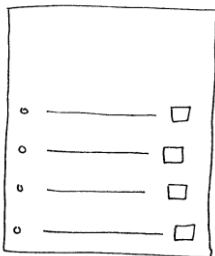
They will say if you need to stay in hospital or can go home.

2

The 2nd thing you can do is



Write to the Mental Health Review Tribunal to ask if you can leave.



There is a special form to fill out if you want a Tribunal meeting.



You can get this form from your nurse who will help you fill it out or do the rest for you.



## What is a Mental Health Review Tribunal?



A Mental Health Review Tribunal is a meeting.

People get together to talk about you leaving hospital.

These people might include a



- Doctor



- Solicitor  
A person who knows about the law



- Another person

(who does not work at the hospital)



They will read reports about your stay in hospital. They will decide if you can go home.

They will also come to meet you.



They will listen to the reasons you want to leave hospital.

You do not have to speak to them if you do not want to.

You can ask for help with your meetings from:

- An advocate

Someone who will listen to you and help you speak out.



Or





- A solicitor

A person who knows about the law.

Staff can help you talk one of these people.

You can leave the hospital if the Hospital Managers or Mental Health Tribunal say you can.



If they do not agree, you must stay in Hospital.



You can ask for another Tribunal meeting again in six months time.



The address of the Tribunal Office is:

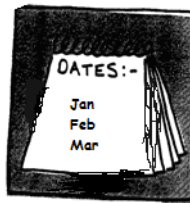
Mental Health Review Tribunal  
Fourth Floor  
New Crown Buildings  
Cathays Park  
Cardiff  
CF10 3NQ



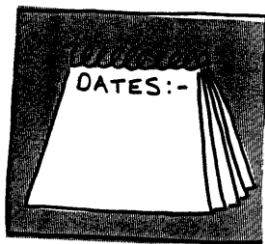
## What treatment may I be given in hospital?



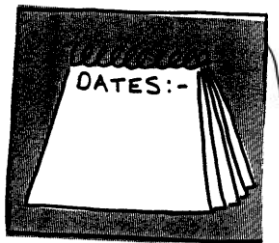
Your doctor will talk to you about any medication that you may need to take.



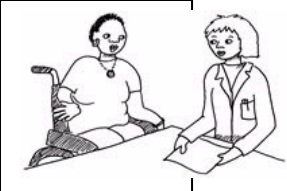
If they give you medication you must take it for the first 3 months that you are in hospital.



If you do not want to take the medication after the 3 months a doctor from a different hospital will come and see you.



You must keep taking the medication if the other doctor thinks you need it.



## How do I complain?

If you are still not happy you can make a complaint.



You can ask staff to give you a leaflet which tells you how to make a complaint.

If you are still unhappy the Mental Health Act Commission can help you.

## Who are the Mental Health Act Commission?



They are people who come to visit to check that you understand your rights.

They will check that you are being looked after properly in hospital.