

## **Community Mapping**

Community Mapping is a core skill for staff who are supporting individuals to move away from a single identity as 'service user' so that they make a contribution through positive roles and relationships in the life beyond services. This one-day course offers a systematic approach on how to map local community opportunities and make connections. It provides an opportunity for participants to explore perceptions about community inclusion and welcome.

This has been a popular and well-received training day, which we have delivered to a wide range of organisations and groups as part of our NDTi Community Inclusion Training Programme, including adult mental health, learning disability and older people's services.

The training day will:

- Explore definitions and understanding about community and social capital, inclusion, access and welcome, while challenging traditional beliefs about community
- Consider potential barriers to inclusion, including those within ourselves, and focus on asset-based approaches
- Prompt thinking about how well your organisation is doing promoting real inclusion for people needing support, Promote community building skills and best practice
- Identify supports and resources your group or organisation could access
- Develop mapping skills to identify and make inclusive community connections
- Help people maximise access to natural supports and local opportunities
- Identify indicators of positive change in community response and consider how to embed community mapping activities into outcome measurement
- Stimulate discussion, develop new ideas and have fun!

Part of the day will include a community mapping exercise in the local area. We are keen that everyone takes part in this exercise so if you have any questions about this or need any support to participate, please do not hesitate to contact us in advance. Bring a coat!

Contact Peter Bates at peter.bates@ndti.org.uk to book your event.