| GOOD GROUP CARDS <br> Developed by Peter Bates peter.bates96@gmail.com | These cards are in groups, as shown by the index letter. The index number is simply to make sure that you haven't lost any. |
| :---: | :---: |
| Choose one group of cards and discuss each card in turn. Put them in piles called "OK" and "Could Improve." | Talk about which is most important to work on first and make a plan about how to improve things. |
| If a card doesn't work for you, just put it aside. | If a card covers two or three different things, then separate them out and write new cards for each item. |
| Doing OK | Could Improve |
|  |  |
|  |  |


|  | A. SPEAKING |
| :---: | :---: |
| A. 1 You can give constructive criticism to others in the group. | A. 2 You know when to stop speaking. |
| A. 3 You can pay compliments to other people in the group. | A. 4 When someone else has spoken, you say something encouraging and supportive to them. |
| A. 5 You feel able to speak out when you want to. | A. 6 You can confide in the group. |
| A. 7 You can say something funny. | A. 8 You can talk about things that make you sad or frightened. |
| A. 9 Other people can hear what you say and understand the words. | A. 10 Other people help you to speak out. |


| A. 11 You can say "NO". | A. 12 You can talk about what makes you angry without making a bad atmosphere in the group. |
| :---: | :---: |
| A. 13 When another group member says something that you think is rubbish you don't put them down. | A. 14 You can say what you think - even when other people disagree. |
| B. INFORMATION | B. 1 Posters are put up to explain things. |
| B. 2 Everyone in the group takes responsibility for passing on information. | B. 3 You can give a report to the meeting. |
| B. 4 Everyone understands the working of the group. | B. 5 Group members make posters and put them up. |
| B. 6 Long words and jargon are avoided. | B. 7 All members have the same information. |


| B. 8 Pictures are used as well as words. | B. 9 Information is passed on by word of mouth. |
| :---: | :---: |
| B. 10 The Constitution or formal basis of the group is explained clearly and understood by everyone. | B. 11 Everyone knows what the goals are and how the group might change in the future. |
| B. 12 Handwriting is clear. | C. DECISIONS |
| C. 1 The group can make a wrong decision. | C. 2 Do members who miss the meeting get a vote? |
| C. 3 The group can learn from a mistake. | C. 4 Is it the job of the staff to carry out the decision? |
| C. 5 Is there enough time to think and talk before voting? | C. 6 Do staff make the decisions? |


| C. 7 Everyone gets a vote. | C. 8 Everyone turns up to <br> the meetings. |
| :--- | :--- |
| C.9 Members are appointed <br> to jobs (like Chairperson) by <br> voting. | C.10 Everyone joins in the <br> voting most of the time <br> rather than abstaining. |
| C.11 People abstain from <br> the vote when they should <br> do so (e.g. when 'declaring <br> an interest' in the outcome). | D. MONEY |
| D. 1 There is a guidebook <br> which explains how the <br> Account Record is kept. | D. 2 A member of the group |
| is Treasurer. |  |$|$


| D. 7 Members of the group <br> know where the Account <br> record is kept and can see it <br> when they want to. | D. 8 Somebody from <br> outside the group checks <br> the Accounts every year. |
| :---: | :---: |
| D. 9 Members of the group <br> sign the bank book. | D.10 Everyone understands <br> how to read the Account <br> record. |
| D. 11 The group's money is <br> kept separately in a bank <br> account. | E. MINUTES |
| E. 1 Every member gets a |  |
| copy of the minutes. |  | E. 2 A written record of the | meetings is kept. |
| :--- |$|$


| F. CHAIRING | F.1 A different member of <br> the group takes charge for <br> each item on the agenda. |
| :---: | :---: |
| F.2 The chair makes sure <br> that everyone knows where <br> and when the meeting will <br> be held and what will be <br> talked about. | F. 3 Everyone gets a chance <br> to speak and everyone is <br> respected. |
| F.4 Some people take turns <br> at chairing the meetings. | F. 5 Everyone takes a turn at <br> chairing a meeting. |
| F. 6 Everyone has a chance <br> to learn how to chair a <br> meeting. | F. 7 Two people chair the <br> meeting between them. |
| F. 8 The meeting starts and <br> finishes at the right time. | F.9 The Chairperson keeps <br> the group on the subject. |
| F.10 All the subjects to be <br> talked about get their fair <br> share of time. | F.11 The Chairperson has <br> previous experience of <br> taking meetings. |


| G. LISTENING | G.1 You can receive <br> criticism from others <br> without getting angry. |
| :---: | :---: |
| G. 2 You can help someone <br> explain what they want to <br> say. | G.3 You can keep quiet <br> when someone else is <br> talking. |
| G. 4 You ask others for their <br> opinion. | G. 5 You recognise the <br> importance of listening to <br> other people. |
| G. 6 You look interested <br> when someone else is <br> talking. | G. 7 You respect the <br> feelings of other people. |
| G. 8 You allow other people <br> to stay quiet. | H. NEWcomERS |
| H. 1 You feel comfortable <br> sitting in the group not <br> saying anything. | H. 2 Members say hello and <br> welcome a newcomer. |


| H. 3 Newcomers want to join the group. | H. 4 Newcomers want to speak to others in the group. |
| :---: | :---: |
| H. 5 Someone explains what is going on to the newcomer. | H. 6 The newcomer is introduced to everyone by name. |
| H. 7 The newcomer wants to listen to other people in the group. | H. 8 The newcomer is offered a cup of tea. |
| I. TASKS | I. 1 The group works together to help members develop skills and overcome weaknesses. |
| I. 2 The task of timekeeper is shared amongst members. | I. 3 Everyone knows who is good at what. |
| 1.4 Everyone knows who is useless at what. | I. 5 Everyone pulls their weight. |


| I. 6 Strengths and weaknesses are respected. | 1.7 Everyone works together on a task. |
| :---: | :---: |
| 1.8 People help each other. | I. 9 Members actually do the task they say they will do. |
| I.10 Tasks are shared out according to ability. | J. ENVIRONMENT |
| J. 1 The group all sit comfortably. | J. 2 Everyone can see everyone else's face. |
| J. 3 The group meets in its own room without interruptions. | J. 4 There are no disturbances from telephones or visitors. |
| J. 5 Everyone knows where a nearby toilet is to be found. | J. 6 Everyone is offered a cup of tea or coffee. |


| J. 7 There is a clock on the |
| :---: | :---: |
| wall. |$\quad$ K. AGENDA

