



Bulletin

No. 43

8 April 2015

An initiative of the

East Midlands
**Academic Health
Science Network**

Igniting Innovation



Public Face shares news about patient and public involvement (PPI) activities in health and social care and in research across 700 stakeholders in the East Midlands. It contains snippets of news to help you find out more and get involved. Sign up at <http://goo.gl/Hx0Im2> to register for this bulletin or email zenn.athar@nottingham.ac.uk to contribute material, comment on items or unsubscribe. There's also a volunteering Vacancy Board at <http://goo.gl/lkMSlv> and an involvement Events Calendar at <http://goo.gl/YhVXSm>.

Dates and Deadlines

- 43.1. Just a few places left for our seminar with Carolyn Canfield, Canadian Patient Safety Champion on 13/4/15 She is a known for patient-led safety initiatives. Find out more and book in at <http://goo.gl/Gfwh3A>.
- 43.2. The AHSN has run a monthly 'PPI Catchup' meeting for some time and we have an exciting new programme that starts on 16/4/15. You are welcome to attend and find out about the AHSN's activities, engage in a variety of debates about involvement and learn how others are getting involved. More details at <http://goo.gl/IDdT52>.
- 43.3. Since 2008, most people* needing hospital care can choose any hospital in England. Healthwatch Lincolnshire are doing a survey on how this is working. Please respond at <http://goo.gl/aj8zUo>. (*You may not be given a choice when referred to mental health services or where speed of access is important, such as suspected stroke, heart attack or cancer.)
- 43.4. Learn about the work of Derbyshire Healthcare NHS Foundation Trust at a free lecture by Richard Morrow called *Caring with Mindfulness* from 5.00 to 7.00pm on 16/04/15. Details at <http://goo.gl/WExlOa>.
- 43.5. Do you live with a long-term health condition or a disability? If so, please complete a survey by 30 April at <http://goo.gl/C9cOCA>. A free event will

report the results of the survey and other activities run by Devices for Dignity on 02/06/15 in Sheffield. Book at <http://goo.gl/11xTy9>.

43.6. NHS England's consultations are at <https://www.engage.england.nhs.uk/>

Citizen Researchers

43.7. Patient Research Ambassadors are patients who encourage others to participate in research studies. More at <http://goo.gl/aarQT6>.

43.8. Clinicians who are 'research aware' provide better all-round patient care, according to <http://goo.gl/jiZRDm>. How about 'research aware' patients?

43.9. Learn how to make sense of scientific papers at <http://goo.gl/G07Qd7>. See this explanation of 'intellectual rigour' at <http://goo.gl/HY4AFn>.

43.10. Three organisations focus on how information is shared – the Information Commissioner's Office, the Centre of Excellence in Information Sharing and the Health and Social Care Information Centre. Here's some advice on how to use information to empower patients - <http://goo.gl/pOrJ3j>.

Specific Health Conditions

43.11. Find out about online mental health care at <http://bit.ly/1NbvN6L>

43.12. Find out about the Oadby and Wigston Leg Club at <http://goo.gl/ooUuDj>

43.13. Peer support for ostomy survivors at <http://myostomy.co.uk/>.

43.14. Care is improved when it is based on what people really want. Check out an example for older people in hospital at <http://goo.gl/2Y2BIs>.

43.15. One doctor reflects on becoming a patient - <http://goo.gl/oWYjQL>.

Organising health and social care

43.16. See this example of good neighbours looking after the community's health - <http://goo.gl/XUvfJz>

43.17. The new Care Act increases the importance of local 'Better Together' programmes. See an example from mid Notts at <http://goo.gl/maKGJx>.

43.18. Crowdsourcing can be used to involve people - <http://goo.gl/Luve9a>.
